

## SUDEVA

### Education and Degrees

English Literature: Cambridge University  
Certificate in Saddlery and Harness Making:  
Cordwainer's  
Massage Diploma: West London Massage School  
Counselling Diploma/Therapist Training:  
Bachelor of Counselling with Distinction: Notre Dame  
University, Perth  
Graduate Diploma of Family Dispute Resolution  
Somatic Experiencing Certified Practitioner

### Further Study

Meditation Teacher: Osho Multiversity, Pune (OMP)  
Practitioner Tibetan Pulsing Yoga: Institute for Tibetan  
Pulsing Yoga, Pune  
Spiritual Therapy: OMP  
Transpersonal Psychology  
NARM (neuro affective relational model, online training  
2019)

### Work Experience

Since 1983

Therapeutic Massage

Since 1992

Meditation Teacher  
Spiritual Therapy  
Body-/Energy Work

Since 2008

Mediator Family Dispute Resolution  
Counselling from The Heart  
Employee Assistance

Since 2022

Trauma Informed Practice  
Trauma Therapist

International Senior Counsellor for Spring Health, US

## ADIMA

### Education and Degrees

Abitur (Exam from German Secondary School for  
University Admission)  
German Language, Pedagogy, History of Art, History of  
Theatre: Uni Cologne  
Stage Performance Degree in Classical and Modern  
Artistic Dance  
Practitioner and Teacher Healing Gymnastics: Else-  
Lang-Schule, Cologne  
Teacher for Basic Music Education: ELS  
Teacher for Modern Artistic Dance & Choreography: ELS  
Practitioner (Past Life) Hypnotherapy: OMP  
Practitioner and Trainer Tibetan Pulsing Yoga: Institute  
for TPH, Pune  
Practitioner Reiki

**Further**

Meditation  
Spiritual Therapy: OMP  
Esoteric Science: OMP  
Prana Healing, Basic Training  
Hawaiian Healing: Massage Practitioner  
Enneagram (Eli Jackson Bear)  
Transpersonal Psychology

Since 2008

Supervision with Colleagues of spiritual therapy around the world

Since 2012

Somatic Experiencing (*no degree*) and oriented in POLY VAGAL, NARM, IFS

Since 2023

Studying the wisdom of the Genekeys  
Since March 2025 Gene Keys Guide

**Work Experience**

1975

Classical and Modern Expressive Dance (Stage),  
alongside school

1982

1985-1994

The above, professionally  
Teacher for Modern Dance  
Choreography for stage and TV

Since 1992

Intuitive Crystal Healing and Readings, Body Work

Since 1996

Groups, Personal and Educational Trainings

Since 2004

Spiritual Teacher & Transformational Bodywork  
1 Book Publication

Ongoing

Online and In-Person open meetings for Self Inquiry,  
guiding individuals and groups to find the inner  
guidance